



TalkTalk

HomeSafe Family Challenge

in association with theparentzone

Top tips

Over the last few months, we've covered lots of information, asked you to try things out yourself and talk to your children about what you're doing. But we know that parents have busy lives and so we wanted to give you an ultimate list of our Top Tips!



If you've got 10 mins

- Look at your Internet Service Provider's website or give them a call and find out how they can help you keep your online home safe
- Talk to your children about the importance of not sharing personal information online with people they don't know
- Have a look at your school's website and read their ICT policy
- Set 'safe search' on the search engine your children use

If you've got half an hour

- Find and set the content filter on your child's mobile phone – the network provider's website should tell you how to do this
- Set parental controls on the games console – agree some limits with your children about who they can play with and how long they play
- Sit down with your child and get them to show you their favourite websites

And don't forget

- Keep talking to your children about what they do online
- You can report suspicious online behaviour to CEOP:
<http://ceop.police.uk/safetycentre>

- Look for the padlock sign when you're shopping online
- Choose strong passwords and don't share them with others

Remember, all the information for each term can be found on www.talktalk.co.uk/homesafechallenge and if you have a question that you can't find the answer to, get in touch with us and we'll do our best to help you: help@theparentzone.co.uk

Term 3
Parent