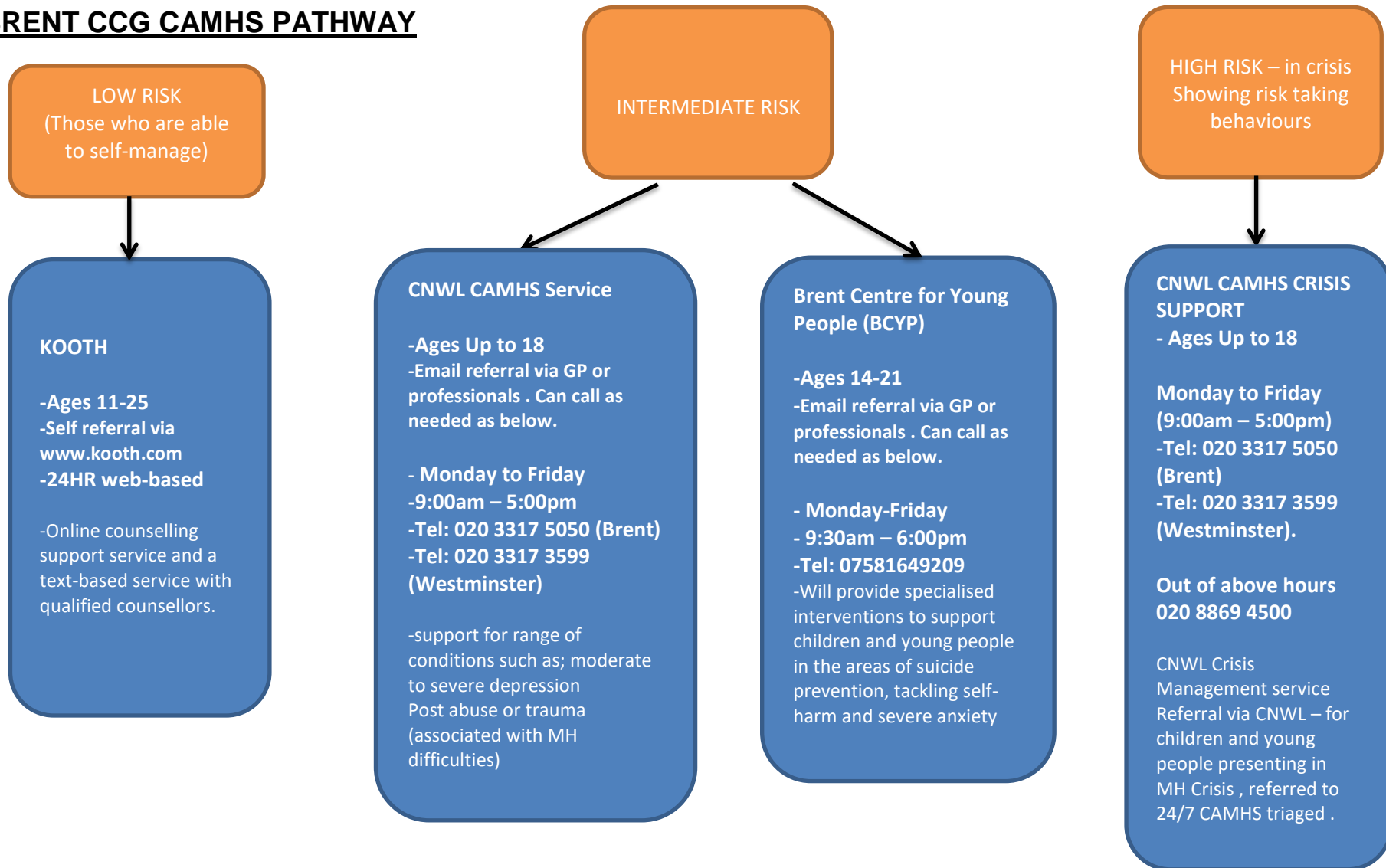


## **BRENT CCG CAMHS PATHWAY**



### **KOOTH online counselling service**

Kooth is a web based confidential support service available for children and young people in Brent aged 11-18 (19-25 for those Not in Education, Employment or Training, NEET). Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people. Children and young people have the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours' young people can message the team and get support by the next day. Kooth will refer to CAMHS if they feel the child needs more support.

Children and Young people can register for the service on [www.Kooth.com](http://www.Kooth.com). **Please share this on your practice websites.**

### **BRENT CENTRE FOR YOUNG PEOPLE (BCYP)**

Currently operating a remote service and all Young People aged 14-21. Where required parents are also being involved via telephone or zoom sessions. They are open for new referrals so please continue to refer.

Telephone advice and support is available from Monday to Friday 9:30am – 6:00pm Tel: 07581649209

### **CNWL CAMHS**

Will see children up to age 18. Email referrals as normal.

Telephone advice and support is available from Monday to Friday 9:00am – 5:00pm Tel: 020 3317 5050

### **CAMHS CRISIS SERVICE**

CNWL have introduced a **24/7 CAMHS triage process**. Children up to Age 18.

Monday to Friday 9AM-5PM Brent CAMS Tel: 020 3317 5050, Westminster CAMHS Tel: 0203 3173599. CNWL CAMHS MH assessment 24hr suite 24hr during Covid 19 Tel: 020 8869 5499.

Children **without medical need** will be assessed away from A&E, either by the relevant CAMHS team or at the new CAMHS Emergency Assessment team at the Northwick Park suite.

Any child **with a medical need** will be assessed in A&E by the onsite Urgent Care Team (UCT) staff. The 24/7 UCT A&E pathway remains the same.

Where children are unable to be discharged after assessment because of their needs, they will remain in the suite for a maximum of 24 hours. Placement breakdown or social care issues will not be sufficient need to remain in the hub for 24 hours.