



Sex and Relationships Education

<u>Family Life</u>	<u>Content</u>
Year 7	<ul style="list-style-type: none">• Changes during puberty; both physical and emotional.• God's plan for our happiness.• Identity and being unique.• Analyse feelings.• Look at how you've changed.• Update your faith journey.
Year 8	<ul style="list-style-type: none">• The key terms – dignity, loyalty and respect.• 10 commandments.• The importance of exercising self-control.• Reflect on Church teaching about adultery.• Update your faith journey.
Year 9	<ul style="list-style-type: none">• Marriage vows.• Church teaching on sex before marriage.• Statistics on teenage pregnancy.• Discuss STIs.• Analyse the difficulties of marriage.• Update your faith journey.