

Sex and Relationships Education

In KS3 & KS4 all pupils study SRE in the topic of Family Life.

In year 7, students look at the idea of change and why it is necessary when growing up. They will have the chance to analyse their own development, compare their thoughts and feelings with others and understand the plan that God has for each one of us. We have also introduced a contemporary issue in this module that relates to inappropriate use of technology.

When Year 7 study this topic they cover the following issues;

- Uniqueness & body image
- Emotions & peer pressure
- Autonomy, our digital footprint and inappropriate use of technology
- Our bodies & reproduction
- Family, love & forgiveness
- Our Conscience

In year 8, Pupils discuss the importance of having respect for our bodies and a respect for life. They look at issues that are concerning in society such as domestic abuse and inappropriate relationships in relation to having respect for themselves and understanding their self-worth.

When Year 8 study this topic they will cover the following issues;

- Love and trust
- Dignity and self-worth
- Appropriate relationships and secrets
- Domestic abuse
- Respect for life (looking at Catholic views on Abortion and Euthanasia)
- Bereavement and grief

In year 9 students focus on marriage, the nature of sexual relationships as part of a marriage, and the consequences of sexual relationships outside of marriage.

When Year 9 study this topic they will cover the following issues;

- Marriage
- Sexual relationships
- Dangers of sexually transmitted diseases
- Reproduction, contraception & abortion
- Teenage pregnancies
- Heterosexuality & homosexuality
- The Dangers of pornography

In year 10 students reflect upon their personal well-being and the well-being of others, and learn the difference between positive and negative relationships.

When Year 10 Study this topic they will cover the following issues;

- Emotional Health and Wellbeing
- Dealing with Stress and Anxiety
- Relationships & Consent
- Positive Relationships
- Controlling Relationships

In year 11 students learn about Pope John Paul II's Theology of the body and discuss issues surrounding sexuality, marriage, divorce & reproduction.

When Year 11 study this topic they will cover the following issues;

- Human Sexuality and Marriage
- Divorce & Annulment
- Coercive relationships
- Fertility & Reproduction
- The different stages of the unborn child & maternal lifestyle towards the foetus

SRE allows students to analyse their feelings on life issues, and fully understand Catholic views and teachings. This is an imperative learning experience and we send out a letter before the topics start once a year to let parents and guardians know what is being covered.