



# ECO ADVENT CALENDAR 2022



**1**  
Switch to a reusable water bottle

**18**  
Use correct waste/recycling bins at school

**13**  
Take part in school book swap

**20**  
Go for a walk in a green space with your family

**6**  
Turn off tap when brushing teeth

**12**  
Check your house is recycling everything on Council list

**22**  
Make a list of ways your family can live more sustainably

**5**  
Don't leave your phone on charge overnight

**11**  
Donate clothes to charity

**16**  
Turn down heating/put on a jumper

**2**  
Walk/cycle all or part way to school

**25**  
Collect all plastic packaging from Christmas presents and make a piece of artwork out of it over the holidays

**8**  
Reduce time in shower to 2 minutes

**15**  
Walk/cycle all or part way to school

**3**  
Pick up litter near your house

**10**  
Make a meal from leftovers

**21**  
Count all bathroom products in single use plastic packaging

**19**  
Pick up litter whilst walking your dog or walking with a friend

**17**  
Switch off lights when leaving a room

**7**  
Reduce food waste - eat up all your lunch

**24**  
Turn off Christmas lights when you go to bed

**14**  
Consider buying pre-loved clothes

**23**  
Make a meal out of leftover food

**4**  
Switch off all electronic devices at the plug

**9**  
Send Christmas cards that don't have glitter