



Menu
WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SIGNATURE MENU COMBO WEEK 1: 1 SEPT, 21 SEPT, 12 OCT, 2 NOV, 23 NOV, 14 DEC, 4 JAN, 25 JAN, 22 FEB, 15 MAR

Soup/ Bread

Soup Extra

Main Courses

Vegetarian Mains

Sides

Daily

Nourish Bowls

One Pots

Dessert

Soup of the Day

Served with optional Petit Pain & Soup Sprinkles: Pumpkin Seed, Sunflower Seed, Croutons, Chilli Flakes

Chicken Tartiflette

Moroccan Lamb Tagine
with Jewelled Couscous

Roasted Chicken with Sage &
Onion Stuffing & Gravy

Battered
Fish & Chips

Chow Mein Noodles with
Black Bean Sauce (v)

Tomato & Lentil Bolognese
with Whole Wheat Fusilli (Ve)

Plant-based Kofta
Flatbread (v)

Roast Quorn Fillet with Sage
and Onion Stuffing & Gravy (Ve)

Plant-based
Shepherd Pie(Ve)

Favourite
Calzone (v)

Garlic & Herb Bread
Garden Peas
Garlic Roasted Tomatoes

Roasted Vegetables
Fattoush Salad
Minted Yoghurt

Roast Potatoes
Honey Roasted Parsnips
Savoy Cabbage

Chips, Mushy Peas,
Lemon Wedge,
Tartare Sauce, Ketchup

Herby Potato Wedges
Cumin Roasted Carrots
Steamed Broccoli

SEE THE COUNTER to Discover Today's *Street EATS* Special

Jerk Chicken Bowl

Falafel & Humous Bowl (Ve)

Cob Style Protein Bowl

Green Goddess Bowl (v)

Sweet Chilli Poke Bowl (Ve)

Mexican Chicken Rice Pot

Veggie Keftedes with
Tomato Rice (Ve)

Roast Potatoes with
Dipping Gravy (Ve)

Chicken Tikka Rice Pot

Sweet Chilli Quorn Noodles (v)

Pear & Apple Crumble &
Chocolate Custard (v)

Apple Charlotte Pudding &
Chantilly Cream (v)

Iced School Sponge
& Custard (v)

Treacle Tart & Custard (v)

Raspberry & Lemon Square

Allergen
information :

Please ask our
team for information
about ingredients
in foods that contain
celery, crustaceans,
eggs, fish, gluten,
lupins, milk, molluscs,
mustard, peanuts,
sesame, soybeans,
sulphur dioxide,
sulphates, and tree nuts.

DAILY FOOD
OFFERS! ➡

Freshly made sandwiches,
baguettes, and a range
of seasonal salads are
available daily.

Daily Pasta

PASTA POMODORO
CHEESY PASTA



TOPPED
& Loaded

JACKET POTATO
POTATO SKINS
CHEESE
BEANS
COLESLAW



Daily
Salad Bar

TOMATO • CUCUMBER •
LETTUCE • SWEETCORN •
BEETROOT
• GRATED
CARROT •
COLESLAW



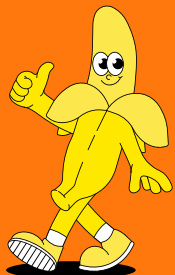
DRESSINGS

RANCH •
CAESAR •
VINAGRETTE
• BALSAMIC •
OILS • SWEET
CHILLI



Fresh Fruit

SATSUMAS
BANANA
PEARS
APPLES





Menu WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SIGNATURE MENU COMBO WEEK 2: 7 SEPT, 28 SEPT, 19 OCT, 9 NOV, 30 NOV, 11 JAN, 1 FEB, 1 MAR, 22 MAR

Soup/ Bread

Soup Extra

Main Courses

Vegetarian Mains

Sides

Daily

Nourish Bowls

One Pots

Dessert

Soup of the Day

Served with optional Petit Pain & Soup Sprinkles: Pumpkin Seed, Sunflower Seed, Croutons, Chilli Flakes

Chilli Beef Buritto

Chicken Katsu Curry

Roasted Chicken with Sage &
Onion Stuffing & Gravy

Battered
Fish & Chips

Veggie Calzone

Cheesy Roasted
Vegetable Lasagne (v)

Sweet Potato and
Chickpea Curry (V)

Quorn Pieces in Gravy
with Yorkshire Pudding (v)

Cheese & Sweet
Potato Slice (v)

Leek & Potato
Tortilla

Herby Garlic Bread
Green Beans
Corn Cobettes

Brown & White Rice
Ponzu Slaw
Cucumber Salad

Crispy Roasties
Roasted Root Veg
Steamed Broccoli

Chips, Garden Peas,
Lemon Wedge,
Tartare Sauce, Ketchup

Mustard Mash
Roasted Root Veg
Savoy Cabbage

SEE THE COUNTER to Discover Today's *Street* EATS Special

Indian Roasted Cauliflower
Buddha Bowl (v) NEW

Bibimbap Korean
Rice Bowl (v)

Roasted Roots
Nourish Bowl (v)

Chicken Pesto
Nourish Bowl

Burrito Bowl (v)

Mexican Chicken
Rice Pot

Veggie Keftedes with
Tomato Rice (Ve)

Roast Potatoes with
Dipping Gravy (Ve)

Chicken Tikka Rice Pot

Sweet Chilli Quorn
Noodles (v)

Spiced Carrot Cake (v)

Steamed Treacle
Sponge & Custard (v)

Black Forest Crumble
& Custard (v)

Steamed Ginger Sponge
& Toffee Sauce (v)

Apple Strudel & Custard (v)

Allergen information :

Please ask our team for information about ingredients in foods that contain celery, crustaceans, eggs, fish, gluten, lupins, milk, molluscs, mustard, peanuts, sesame, soybeans, sulphur dioxide, sulphates, and tree nuts.

DAILY FOOD OFFERS! ➡

Freshly made sandwiches, baguettes, and a range of seasonal salads are available daily.

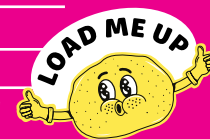
Daily Pasta

PASTA POMODORO
CHEESY PASTA



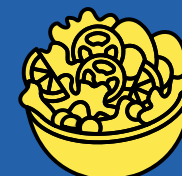
TOPPED & Loaded

JACKET POTATO
POTATO SKINS
CHEESE
BEANS
COLESLAW



Daily Salad Bar

TOMATO • CUCUMBER •
LETTUCE • SWEETCORN •
BEETROOT
• GRATED
CARROT •
COLESLAW



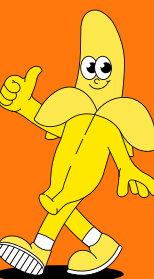
DRESSINGS

RANCH •
CAESAR •
VINAGRETTE
• BALSAMIC •
OILS • SWEET
CHILLI



Fresh Fruit

SATSUMAS
BANANA
PEARS
APPLES





Menu
WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SIGNATURE MENU COMBO WEEK 3: 14 SEPT, 5 OCT, 16 NOV, 7 DEC, 18 JAN, 8 FEB, 8 MAR

Soup/ Bread

Soup Extra

Main Courses

Vegetarian Mains

Sides

Daily

Nourish Bowls

One Pots

Dessert

Soup of the Day

Served with optional Petit Pain & Soup Sprinkles: Pumpkin Seed, Sunflower Seed, Croutons, Chilli Flakes

Bangers ‘n’ Mash with
Red Onion Gravy

Kung Pao Chicken with
Egg Fried Rice

Roasted Chicken with Sage &
Onion Stuffing & Gravy

Battered
Fish & Chips

Plant-Based Kofta
& Flatbread

Chilli Non Carne with
Brown & White Rice (Ve)

Chow Mein Noodles with
Black Bean Sauce (v)

Creamy Quorn Pie (v)

Cauli Mac ‘n’ Cheese (v)

Special Fried Rice Bowl
with Mini Spring Roll (Ve)

Cumin Roasted Carrots
Garden Peas

Steamed Broccoli
Stir Fried Veg

Crispy Roast Potatoes
Roasted Root Veg
Steamed Savoy Cabbage

Potato Wedges, Homemade
Baked/ BBQ Beans, Lemon
Wedge, Tartare Sauce, Ketchup

Herby Diced Potatoes
Cauliflower & Broccoli
Sweetcorn

SEE THE COUNTER to Discover Today’s *Street EATS* Special

Piri Piri Chicken Bowl (NEW)

Teriyaki Quorn
Noodle Bowl (v)

Sweet Potato & Spiced
Chickpea Buddha Bowl (Ve)

Harissa Couscous Falafel
Bowl (Ve) (NEW)

Indian Roasted
Cauliflower Buddha Bowl

Mexican Chicken
Rice Pot

Veggie Keftedes with
Tomato Rice (Ve)

Roast Potatoes with
Dipping Gravy (Ve)

Chicken Tikka Rice Pot

Sweet Chilli Quorn
Noodles (v)

Yorkshire Jam Tart
& Custard (v)

Banana Bread Butter Pudding
& Chocolate Sauce (v)

Toffee Apple Crumble
& Custard (v)

Iced Chocolate Sponge (v)

Pancakes with
Blueberries (v)

Allergen
information :

Please ask our
team for information
about ingredients
in foods that contain
celery, crustaceans,
eggs, fish, gluten,
lupins, milk, molluscs,
mustard, peanuts,
sesame, soybeans,
sulphur dioxide,
sulphates, and tree nuts.

DAILY FOOD
OFFERS! ➡

Freshly made sandwiches,
baguettes, and a range
of seasonal salads are
available daily.

Daily Pasta

PASTA POMODORO
CHEESY PASTA



TOPPED
& Loaded

JACKET POTATO
POTATO SKINS
CHEESE
BEANS
COLESLAW



Daily
Salad Bar

TOMATO • CUCUMBER •
LETTUCE • SWEETCORN •
BEETROOT
• GRATED
CARROT •
COLESLAW



DRESSINGS

RANCH •
CAESAR •
VINAGRETTE
• BALSAMIC •
OILS • SWEET
CHILLI



Fresh Fruit

SATSUMAS
BANANA
PEARS
APPLES

